School Safety- Introduction with Mrs. Potato Head

**Grade:** 4K

**Lesson:** 1

**Objectives:** Students will learn the role of the counselor.

**WCSCM Standards:**

A.4.2.1 Use communication skills to know when and how to ask for help when needed

A.4.3.2 Demonstrate the ability to work independently and/or to work cooperatively with other students

A.4.3.3 Share knowledge

B.4.1.1 Demonstrate the ability seek information and support from faculty, staff, family and peers

**Materials:**

Meet your counselor Mrs. Potato Head Sheet

Mrs. Potato Head

Counseling Newsletter

Talking wand

**Activities:**

1. Introduce myself and Mrs. Potato Head. Explain that I am a counselor and Mrs. Potato Head is going to help me explain what that means. First we need to learn the expectations for my classroom.
2. Review vocabulary for lesson.
3. Review PBIS classroom matrix.
4. Review good listening skills.
5. Mrs. Potato Head: Have students choose various parts from bag and put in place. Talk about each part as it relates to the school counselor’s job.
* Feet/Shoes:  You will see your school counselor walk up and down the halls visiting classes and talking with teachers.
* Hands/arms: Your school counselor has helping hands and hugs whenever you feel down.
* Ears: Your school counselor is here to listen to your feelings/problems whenever you need her
* Mouth: Your school counselor does not repeat what you tell her unless you are being hurt or in danger
* Eyes: Your school counselor's job is to look out for her students and help see ways to help students.
* Paper book (taped to a hand): Your school counselor may read stories to you in class.
1. Have students toss around the wand. They will state their name and tell the class one thing about themselves.
2. Brain Break
3. Students will color their Mrs. Potato Head sheet to bring home.

**Vocabulary:** SchoolCounselor

**Technology Integration:** GoNoodle Brain Break <https://www.gonoodle.com/>

**Assessment**: Observation and discussion