

Title of Lesson: Diversity and Discrimination

Grade Level: 2nd Grade

Domain: Personal/Social

ASCA National Standards: Standard A

Competencies Addressed: PS:A1.1, PS:A1.2, PS:A2.3, and PS:A2.4

Materials:

1. A piece of yarn or rope
2. Large enough space to make two large circles on the floor, and for children to walk around them.
3. Access to music (for the game)
4. A worksheet with an uncolored Rainbow on it (you can get one from google if you search). – You can also have them draw their own with 6 arcs.
5. If accessible, the book *Classroom Guidance Games*, by Shannon Trice Black. Pg. 18 “Musical Teamwork Activity” and *Classroom Guidance Activities: A Sourcebook for Elementary School Counselors* by Hoe Wttmer, Diane Thompson, and Larry Loesch. Pgs. 75-76 “My Rainbow Activity”

Lesson Overview/Procedures:

1. Before class, review the word Diversity and Discrimination with students. Ask them for examples of what makes us Diverse.
2. Divide the class into 2 teams. Remind the students that they can win points for good sportsmanship, remaining quite, being respectful, etc. They can also lose points during the game for falling on the ground, shouting, pushing, etc.
3. The game is a lot like musical chairs. However, instead of trying to be the last person, the goal is to keep as many people as possible inside the circle. Have the two teams help you lay out the rope or yarn (which I borrowed from the art teacher) into two circles. Tell the students that when you play the music, they should start walking around the outside of the circle. When the music stops, they should try to get as many people (SAFELY) as possible into the circle.
4. They receive points for how many people are in the circle. Make it clear that BOTH FEET have to be all the way in the circle for it to count. After each round, make the circle a little smaller. Be prepared for lots of outbursts as fewer people are included in the circle
5. Stop activity when only three people can fit in the circle. Spend a few minutes reviewing with students how it felt when they were left outside the circle. Ask students if they have experienced these feelings at other times in their lives.
6. Pass out Rainbow activity to students. On each section of the rainbow, have a different category. For example, I used the book example, which included color of eyes, favorite color, color of hair, favorite food color, favorite clothes

color, and any color you want. Tell students this rainbow is an example of what makes them diverse.

Schedule:

0-5 minutes- Review Diversity and Discrimination

5-10 minutes- Prepare room for the Musical Circle Activity

10-35 minutes- Musical Circle Activity and processing

35-45 minutes- Rainbow Activity