## Meet Mrs. Fleischer

I am honored to be your child's counselor this year. I am looking forward to



building a partnership with you in order to help your child be as successful as possible!

I grew up in west Texas in a small oilfield community near the New Mexico border. I am a graduate of Texas Tech University where I earned a Bachelor of Arts degree. I have taught for nine years, including five years in Irving ISD and four years in Keller ISD. I recently graduated from The University of Texas at Tyler, where I earned a Master of Arts in School Counseling.

I am married to Eric, my husband of twelve years, and we have three children. Cady is a third grader, Ella is a first grader, and my son Ryton is in Pre-K. We also have a dog named Pippa. I love spending time with my family, reading, and doing Pinterest projects!

It's Going to be a



### **Contact Me**

Mrs. Kimberly Fleischer

Office Hours: 7:30am—2:30pm

Phone: 555-555-555

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Twitter: @MrsFleischer

# School Counseling Services



Counselors Help You Reach Great Heights!

# **Counseling Services**

Everyone needs some help from time to time, and your child's school counselor is always there to offer support. The counseling services available include:

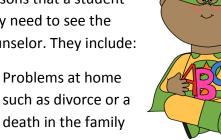
- Short-Term Individual Counseling—for student experiencing problems at home or school that significantly impact their ability to learn.
- Small Group Counseling—for students who need additional support and would benefit from learning and practicing new skills in a controlled, safe environment.
- Whole Group Guidance—the counseling program at Elementary is able to reach every student through regularly scheduled guidance lessons presented during class. These lessons focus on building character, study

skills, good work habits. self-esteem. and being a good citizen.



# Reasons to See the Counselor

There are many different reasons that a student may need to see the counselor. They include:



- such as divorce or a death in the family
- To get help with organizational skills, study skills, test taking skills, or time management
- Learning coping strategies for anxiety or restlessness
- Getting help with making and keeping friends
- Help with making responsible choices
- Because they are worried about a friend
- Because they just need to talk to someone
- And so much more!

# Counseling... It's Not Just for Kids!

Your child's school counselor can provide a wealth of information when it comes to parenting and finding additional resources for your family. Please feel free to reach out if you:

- Need assistance with food, shelter, clothing, school supplies or other basic needs for your family
- Have concerns about your child
- Would like recommendations for websites or books related to parenting or helping your child with special needs

Although your child's counselor may not have all of the answers, she will be able to point you in the right direction to make sure you have the support that you need!

