

**School Counselors are not
the guidance counselors of
the past!**

School counselors hold a master's degree in counseling or school counseling.

School counselors complete a practicum and internship in counseling, as well as two years of teaching, prior to becoming a counselor.

School counselors take a state examination as part of the certification process and many also hold the national level private practice certification, as well.

School counselors are trained in the same techniques as therapist and have completed the same level of education.

School counselors can hold up to six sessions of group or individual counseling with students who demonstrate an educational need.

School counselors are trained in educational and psychological assessment interpretation, as well as educational best practices.

School counselors receive additional training in human growth and development, multicultural counseling and college and career preparation.

School counselors begin preparing students for college and career in kindergarten.

Learn more about your school counselors at:
<http://schoolweb.lisd.net/schoolweb3/course/view.php?id=1946>



Menoosh Zaeri M.Ed counselor for grades K-2
(972) 350-2260
zaerim@lisd.net

Lisa Savinon M.Ed counselor for grades 3-5
(972) 350-2233
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**Rockbrook
Counselors**



Ms. Zaeri

Counselor for Grades K-2



Mrs. Savinon

Counselor for grades 3-5

Menoosh Zaeri M.Ed (972) 350-2260
Lisa Savinon M.Ed (972) 350-2233

The Rockbrook Counselors Have Programs to Assist Every Family

Today's counselor does a great deal more than academic advisement. The

counselors at Rockbrook see students in individual or group counseling for concerns such as divorce,



anger, social skills, friendship, relational aggression, bullying, study skills, anxiety, decision making, grief/loss, self-esteem, stress and coping, as well as a variety of other needs.

We also offer services such as clothing, school supply assistance and a Food Pantry for families in need.

We have a wide range of services to assist every family, and we invite you to contact us with any questions or needs.

The Rockbrook School Counselors

Grades K-2: Menoosh Zaeri M.Ed

Grades 3-5: Lisa Savinon M.Ed

Learn more about Rockbrook's current and upcoming counseling programs and services on our website:

The Counselors' Corner:

<http://schoolweb.lisd.net/schoolweb3/course/view.php?id=1946>

Our Services and Programs

Services

Food Pantry: nonperishable food items available to families in need

Food for Kids: a weekly food bag of 16 nonperishable kid-friendly food items, given to students who are on this program every Friday.

School supply assistance: school supplies may be provided to students in need (while supplies last).

Counseling: students, with parent permission, may receive up to six sessions of counseling with their grade level counselor. Counseling may be requested by parent, teacher, principal or student.

Clothes Closet: clothing may be provided to students and families in need.

Referrals for free or low cost community agencies or medical care: this service is upon request and may assist with utilities, rent, food, clothing, medical, dental or psychological needs.

Angel Tree: a holiday gift assistance program (gifts are not guaranteed) Thanksgiving food assistance may also be available.

Coffee with the Counselor: parent education classes on topics ranging from discipline to Internet safety, as well as resume building, Microsoft Word and college for adults (how to start, and pay for, your education).

Person to contact

Lisa Savinon

Lisa Savinon

your grade level counselor

Lisa Savinon

Your grade level counselor

Lisa Savinon (by Nov. 1st)

Lisa Savinon

Conferences: counselors will sit in conferences with parents and teachers or principals, as well as have counselor-parent meetings.

Your grade level counselor

Communication: the counselors offer a variety of methods to communicate with families including: the Counselor Connection (newsletter), regular emails with PTA and an Internet website that offers information on all of our programs, as well as all of the necessary forms and counseling news:
<http://schoolweb.lisd.net/schoolweb3/course/view.php?id=1946>

Lisa Savinon

Homeless assistance: if you live with friends or family, in a hotel/motel or shelter (for economic reasons), we have programs to assist you.

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Parent/Volunteer Room: this room offers a place for volunteers to work, as well as parenting and educational materials.

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